

Last time: poroelasticity
continuum theory accounting for fluid-structure interactions

Solid: Hookean (linear), incompressible, uniform, isotropic, inertia-free

Fluid: incompressible, inviscid (but solid-fluid friction), Newtonian, inertia-free ($Re \approx 0$)

Governing equations:

• constitutive law $\sigma_{11} = H \epsilon_{11} - p$ 1D, confined compression experiment
 $H = 2G + \lambda$

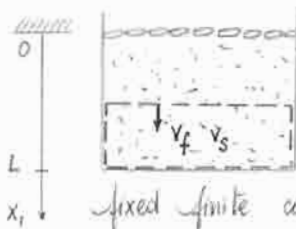
• fluid-structure interactions $U_1 = -k \frac{\partial p}{\partial x_1}$ (2a)

k : hydraulic permeability

• conservation of mass = - from volume flux $\bar{U} = \phi (\bar{v}_f - \bar{v}_s)$
 $\bar{v}_s = \frac{\partial \bar{u}}{\partial t}$

\bar{v}_f and \bar{v}_s are averaged over a mesoscopic length scale L
 $L \gg$ pore size, molecule
 $L \ll$ macroscopic tissue

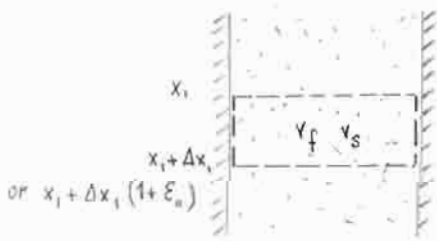
* from 1-D compaction



$$\left. \begin{aligned} A_f v_s + A_s v_s &= 0 \\ U_1 &= \phi (v_f - v_s) \\ v_s &= \frac{\partial u_s}{\partial t} \end{aligned} \right\} U_1 = - \frac{\partial u_1}{\partial t}$$

fixed finite control volume

* even in steady state, without dynamic compaction, there should be a relationship between U_1 and u_1
net flow into control volume = change in volume of control volume



deformable control volume
always contains the same solid elements

$$\left[A_f (v_f - v_s) \right]_{x_1 + \Delta x_1}^{x_1} \Delta t = \Delta x_1 \left[A_{tot} \left(1 + \frac{\partial u_1}{\partial x_1} \right) \right]_{t_0}^{t_0 + \Delta t}$$

and divide by $\Delta t \cdot \Delta x_1 \cdot A_{tot}$

$$- \frac{\partial U_1}{\partial x_1} = \frac{\partial}{\partial t} \left(\frac{\partial u_1}{\partial x_1} \right) = \frac{\partial}{\partial x_1} \left(\frac{\partial u_1}{\partial t} \right) = \frac{\partial \epsilon_u}{\partial t} = \frac{\partial v_s}{\partial x_1}$$

U_0 mean, steady flow

$$U_1 = - \frac{\partial u_1}{\partial t} + U_0 \quad (3a)$$

$$\bar{\nabla} \cdot \bar{U} = - \bar{\nabla} \cdot \bar{v}_s = \bar{\nabla} \cdot [\phi (\bar{v}_f - \bar{v}_s)] \quad (3)$$

• conservation of momentum (from before) neglecting inertia

$$\frac{\Sigma \bar{F}_i}{V} = \frac{\partial \sigma_{ij}}{\partial x_j} = \frac{m}{V} a_i = 0 \quad \text{or}$$

$$\bar{\nabla} \cdot \bar{\sigma} = 0 \quad (4)$$

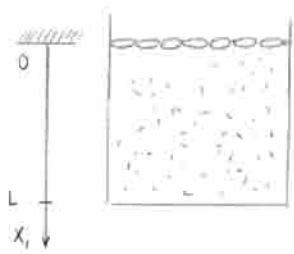
$$\frac{\partial \sigma_{11}}{\partial x_1} = 0 \quad (4a)$$

Our 1D equations are

(1a) $\sigma_{11} = H \epsilon_{11} - p$
 $\epsilon_{11} = - \frac{\partial u_1}{\partial x_1}$
 (2a) $U_1 = -k \frac{\partial p}{\partial x_1}$
 (3a) $U_1 = - \frac{\partial u_1}{\partial t} + U_0$
 (4a) $\frac{\partial \sigma_{11}}{\partial x_1} = 0$

starting at
 $\frac{\partial \sigma_{11}}{\partial x_1} = 0 = H \frac{\partial^2 u_1}{\partial x_1^2} - \frac{\partial p}{\partial x_1} = H \frac{\partial^2 u_1}{\partial x_1^2} - \frac{1}{k} \frac{\partial u_1}{\partial t}$
 $\frac{\partial u_1}{\partial t} = Hk \frac{\partial^2 u_1}{\partial x_1^2}$
 "D" = Hk diffusivity
 diffusion equation

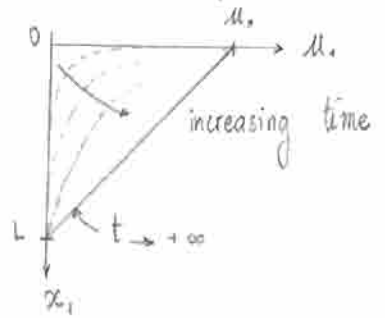
⊗ Example of stress relaxation



Step displacement u_0 , find $u_1(x_1, t)$, $\epsilon_{11}(x_1, t)$, $p(x_1, t)$
 u_0 given
 boundary conditions $u_1(x_1=0, t>0) = u_0$
 $u_1(x_1=L, t>0) = 0$
 initial condition $u_1(x_1, t=0) = 0$

Use governing equation $\frac{\partial u_1}{\partial t} = Hk \frac{\partial^2 u_1}{\partial x_1^2}$ to find solution (Fourier series of the form)

- analogies for relaxation time τ
- poroelasticity u_1 $\frac{L^2}{Hk}$
- mass conservation C $\frac{L^2}{\mathcal{D}}$
- momentum v_1 $\frac{L^2}{\nu}$



$\nu \rightarrow$ kinematic viscosity in fluid mechanics

The solution will be:

$u_1(x_1, t) = u_0 \left(1 - \frac{x_1}{L}\right) - \sum_n A_n \sin\left(\frac{n\pi x_1}{L}\right) \exp\left(-\frac{t}{\tau_n}\right)$
 $\tau_n = \frac{L^2}{n^2 \pi^2 Hk}$ and approach to steady state with $\tau_1 = \frac{L^2}{\pi^2 Hk}$

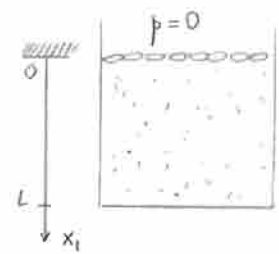
For cartilage, typical values are $L = 1 \text{ mm}$, $H = 1 \text{ MPa}$, $k = 10^{-15} \text{ m}^4 \cdot \text{N}^{-1} \cdot \text{s}^{-1}$ } $\tau_{n=1} \approx 100 \text{ s}$

note: if $k = \frac{k'}{\mu}$, $k' \propto b^2$
 then $k' = k\mu = 10^{-15} \cdot 10^{-3} = 10^{-18} \text{ m}^2 \Rightarrow b \approx 1 \text{ nm}$
 μ viscosity of water

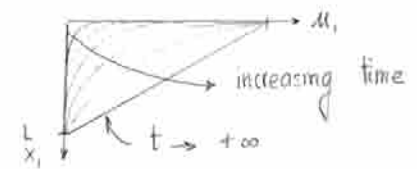
for a sponge, $b \approx 0.1 \text{ mm}$

⊗ Example of creep

Given imposed load σ_0



find displacement $u_1(x_1, t)$, $\epsilon_{11}(x_1, t)$



Boundary conditions $u_1(x_1 = L, t) = 0$
 $\frac{\partial u_1}{\partial x_1}(x_1 = 0, t) = \frac{\sigma_0}{H} = \text{constant}$

= constant flux
 = constant shear (Couette)

Example of dynamic compression in 1D

$\frac{\partial u_1}{\partial t} = Hk \frac{\partial^2 u_1}{\partial x_1^2}$ (E)

excitation $u_1(x_1 = 0, t) = u_0 \cos(\omega t)$

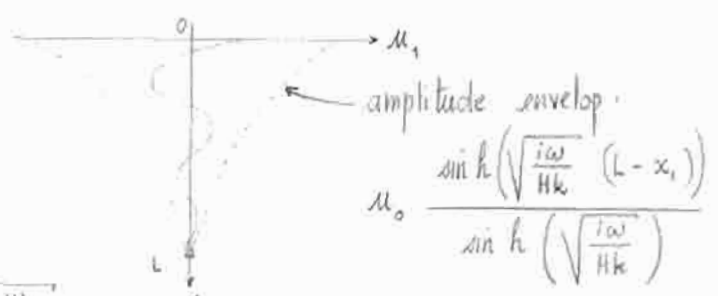
look for solution $u_1(x_1, t) = \text{Re} [\hat{u}_1 \exp(i\omega t)]$, \hat{u}_1 complex

(E) becomes $i\omega \hat{u}_1 = Hk \frac{d^2 \hat{u}_1}{dx_1^2}$

BC $\hat{u}_1(x_1 = 0) = u_0$
 $\hat{u}_1(x_1 = L) = 0$

Get solution of the form

there are some frequencies above which the oscillations are not penetrating all the way to the bottom



depth penetration $\delta \sim \sqrt{Hk \tau} \sim \sqrt{\frac{Hk}{\omega}}$

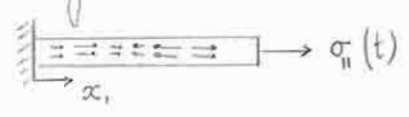
(analogy for mass transport $\delta \sim \sqrt{Dt}$)

▷ for a poro-viscoelastic model

Hk becomes $\left(\frac{H_1 + i\omega\beta}{1 + i\omega\alpha}\right)k$ as before we had $G \rightarrow \frac{k_1 + i\omega\beta}{1 + i\omega\alpha}$ for the SLS

Notes on simplifying assumptions:

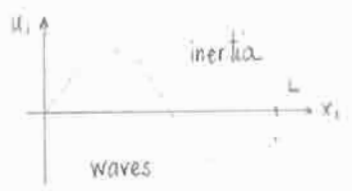
- neglecting inertia for the solid
- 1D linearly elastic material



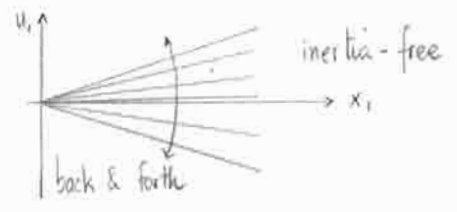
$\frac{\Sigma \bar{F}}{V} = \bar{V} \cdot \bar{\sigma} = \frac{m}{V} \bar{a} = \rho \frac{\partial^2 \bar{u}}{\partial t^2}$

$\frac{\partial^2 u_1}{\partial t^2} = \frac{\partial \sigma_{11}}{\partial x_1} = E \frac{\partial^2 u_1}{\partial x_1^2}$
 wave equation, $v_\phi = \sqrt{E/\rho}$

$\begin{cases} E \text{ Young's modulus} \\ \sigma_{11} = E \epsilon_{11} = E \frac{\partial u_1}{\partial x_1} \end{cases}$



or quasi steady (slow enough)?



if $\frac{L}{v_p} \ll \tau = \frac{1}{\omega}$, $\frac{L\omega}{v_p} \ll 1$, $\frac{L}{\lambda} \ll 1$

neglect inertia if $\frac{L}{v_p} \ll 3 \cdot 10^{-4} \text{ s}$ for $v_p = \sqrt{\frac{10^5}{10^3}} = 30 \text{ m.s}^{-1}$